

Dear Parent / Guardian,

I am writing to inform you of the upcoming curriculum plans in Religious and Citizenship Studies. As part of a new government initiative to deliver high standards of relationships, sex and health education to young people, Spectrum Community Health team will be delivering five lessons to Y9 students to enhance their PHSCE education.

The focus of these lessons will:

- Give young people the opportunity to discuss what to expect from relationships
- Encourage positive self-esteem and self-worth
- Explore consent in relationships and the importance of understanding the law around young people and sex
- Give factual information on risks, STIs, pregnancy and prevention

Spectrum Community Health CIC is a social enterprise that delivers a range of community healthcare services on behalf of the NHS, Local Authority Public Health services and other partners. These lessons are planned and designed by an experienced team of facilitators who have extensive experience in the classroom and with young people.

Should you wish to discuss the programme further, please do not hesitate to contact.

Kind regards,
Rosie Needham
Curriculum Area Leader for Religious and Citizenship Education.

